



RESOURCES FOR FAMILIES

<u>Reproductive Health Nurse Navigation:</u> Call or text: (608) 690-0893	Free and confidential all-options pregnancy counseling, resources, and education. publichealthmdc.com/options
<u>Babies & Beyond:</u> (608) 222-0008	Free services and resources to pregnant individuals and families with children under 4. babiesandbeyondwi.org
<u>Project Babies:</u> (608) 770-9588	Education and community events to support parents. projectbabies.org
<u>Baby Depot:</u> (608) 441-7680	Offers baby items when available.
<u>4C's:</u> (608) 271-9181	Community Coordinated Child Care provides information and guidance on child care. 4-c.org
<u>Play & Learn:</u> English (608) 204-6784 Spanish (608) 204-7918 Hmong (608) 212-4683	Free program that provides 2 hours of activities for children 0-5 and their parents. madison.k12.wi.us/early-learning
<u>Birth to 3 Program:</u> Madison: (608) 252-1320 Dane County: (608) 273-3232	Developmental screening and intervention for children ages 0-3. danecountyhumanservices.org/Disability-and-Aging/Children's-Disability-Services/Birth-to-3-Program
<u>Head Start/ Early Head Start:</u> (608) 275-6740	Support programs, services, and childcare for families with children under age 5. reachdane.org
<u>Early Childhood:</u> Madison Metropolitan School District (608) 663-8471	Screening, support, and services for children ages 3-5. www.madison.k12.wi.us/early-learning-programs/child-find
<u>Madison Reading Project:</u> imaginationlibrary@madisonreadingproject.com	Dane County families can register for a free book by mail every month until child's 5th birthday. madisonreadingproject.com/imaginationlibrary

<u>Joining Forces for Families (JFF)</u> Numbers specific to neighborhood, refer to brochure	Neighborhood-responsive services through community social workers. danecountyhumanservices.org/Children-Youth-and-Family/Community-Programs/Joining-Forces-for-Families
<u>RISE:</u> (608) 250-6634	Community-based programs: parenting support, home visiting, and care coordination. risewisconsin.org
<u>Respite Center:</u> (608) 244-5700	24-hour emergency child care and planned care when needed. Call to schedule an intake. risewisconsin.org/the-respite-center
<u>Wisconsin Shares Child Care Subsidy Program:</u> (888) 794-5556	Financial assistance for child care. dcf.wisconsin.gov/wishares/parents
<u>DAIS:</u> (608) 251-4445 Text: (608) 420-4638	Domestic violence services and 24-hour call and text lines. abuseintervention.org
<u>Hmong Family Strengthening Helpline:</u> (877) 740-4292	Free 24/7 family violence and abuse hotline, operated by Hmong-speaking staff. bbwpccoalition.org/helpline
<u>Bereaved Parents of Madison Inc:</u> (920) 643-0217	Support after miscarriage, stillbirth, and infant death. bereavedparentsofmadison.com
<u>Society of St. Vincent de Paul:</u> (608) 257-0919 2033 Fish Hatchery Rd.	Food pantry, prescription assistance, and portable cribs made available to low income families. svdpmadison.org/how-we-help
<u>Safe Kids Madison Area:</u> safekids@uwhealth.org (608) 333-6087	Child injury prevention including education, low cost car seats, and other safety items. uwhealthkids.org/safekids
<u>Madison Children's Museum:</u> (608) 256-6445	Discovery learning and creative play. Now with online learning! madisonchildrensmuseum.org

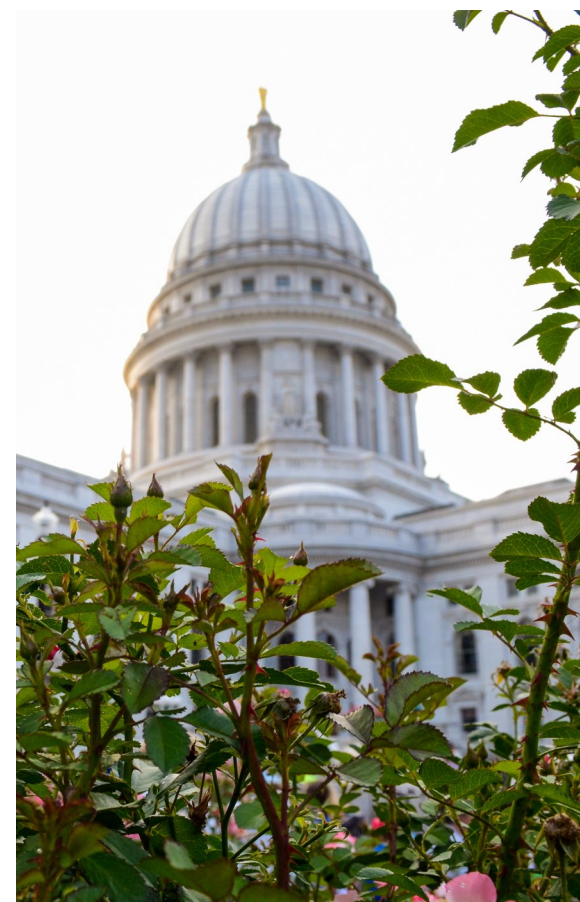


MENTAL HEALTH & SUBSTANCE USE

<u>Suicide & Crisis Lifeline:</u> Call or text 988.	24/7 support for suicidal, mental health, and substance use crisis.
<u>Dane County 24-Hour Crisis Line:</u> (608) 280-2600	24/7 phone line for support during emotional distress and/or psychiatric crisis.
<u>Maternal Mental Health Hotline:</u> Call or text (833) 852-6262	24/7 phone line for emotional support and resources for pregnant/postpartum people and their families.
<u>Behavioral Health Resource Center:</u> (608) 267-2244	Non-urgent referral, resource connection and general mental health services information. danebhrc.org
<u>NAMI Dane County:</u> (608) 249-7188	Support for individuals and families with mental illness. namidanecounty.org
<u>Comprehensive Community Services:</u> (608) 242-6415	Mental health and/or substance use services for individuals and families with MA. risewisconsin.org/comprehensive-community-services/
<u>First Breath:</u> (608) 251-1675	Free program to help women and families in WI quit smoking. www.hf.org/firstbreath
<u>Wisconsin Tobacco QuitLine:</u> (800) 784-8669	Information and support to quit smoking. quitline.wisc.edu
<u>Safe Communities:</u> (608) 441-3060 24/7 Recovery Hotline: (608) 228-1278	Support programs: safety, suicide prevention, and substance use. safercommunity.net

COMMUNITY RESOURCE GUIDE

Dial **2-1-1** for a 24/7 helpline with information about community resources.





HEALTHCARE

Public Health Madison & Dane County: (608) 266-4821 Breastfeeding: (608) 243-0449 STI/HIV: (608) 243-0411 Well Woman: (608) 242-6385 East: 2705 E. Washington Ave. South: 2230 S. Park St.	-Immunizations & vaccines -Nursing services during & after pregnancy -Lactation support -Infectious disease control -STI clinic / HIV testing -Well Woman Program for breast & cervical cancer screenings publichealthmdc.com
Access Community Health Centers: (608) 443-5480 East: 3434 E. Washington Ave. South: 2202 S. Park St. Wingra Family Medical Center: (608) 263-3111 1102 S. Park St.	Medical, dental, and behavioral health care & affiliated pharmacy. Accepts insurance and BadgerCare Plus/Medicaid; provides lower cost care for those without insurance. accesscommunityhealthcenters.org
Planned Parenthood: (844) 493-1052 East: 3706 Orin Rd. South: 2222 S. Park St. Suite 210 (upstairs)	Affordable all-options reproductive and women's health care. Accepts BadgerCare Plus/Medicaid. plannedparenthood.org
Pregnancy Options Wisconsin: Education, Resources, & Support: (608) 514-1714	Confidential call and text line for pregnancy options support. pregnancyoptionswi.org
MEDiC Southside Clinic: (608) 265-4972 ext. 2 1102 S. Park St, 2nd floor	Free urgent care for uninsured/underinsured adults. Goal to connect people to care/resources. med.wisc.edu/education/medic/clinics/#southside
Madison Street Medicine: (608) 676-7826	Medical and housing services for individuals experiencing homelessness. madisonstreetmedicine.org
St. Vincent Charitable Pharmacy: New: (608) 257-0919 Existing: (608) 260-7066	Free prescription fills for low-income, uninsured adults. svdpmadison.org/program/pharmacy/
Perry Family Free Clinic: (608) 841-1110 598 Grand Canyon Dr. 4303 Britta Parkway.	Healthcare services for uninsured and under-insured Black men. perryfamilyfreeclinic.org



HEALTH INSURANCE

BadgerCare support via Dane County Job Center: (888) 794-5556 1819 Aberg Ave.	Assistance with applying for WI benefits including BadgerCare. access.wisconsin.gov and dhs.wisconsin.gov/em/dane.htm
Marketplace Plans: (800) 318-2596	Health insurance plans for those not eligible for BadgerCare Plus, Medicaid, or Medicare. healthcare.gov
Covering Wisconsin: (608) 261-1455	Health coverage navigation for health insurance and other health programs. coveringwi.org



DENTAL

Access Community Health Center: (608) 443-5482	Dental care for adults and children. Accepts insurance, BadgerCare Plus/Medicaid, and lower cost for uninsured. accesscommunityhealthcenters.org
Affordable Dental Care, Inc.: (608) 622-4002	General dental care for uninsured and underinsured people at reduced cost. affordabledentalmadison.org
Familia Dental: (608) 244-8050 3003 E Washington Ave.	Accepts Medicaid and offers lower cost care if uninsured. familiadental.com
Madison College Dental Hygiene Clinic: (608) 258-2400 1705 Hoffman St., Rm 151	\$40 preventive dental care for adults and children, by dental hygiene students. madisoncollege.edu/dental-hygiene-clinic

More Smiles Wisconsin: (608) 665-2752 1320 Mendota St., Ste 107	Dental services for people ages 8+ with insurance or cost barriers. moresmileswi.org
Bridging Brighter Smiles: (262) 896-9891	School-based preventative care. bridgingbrightersmiles.org



AGING & DISABILITY

Aging & Disability Resource Center: (608) 240-7400 ADRC@countyofdane.com	Resources and support on all aspects of life related to aging or living with a disability. daneadrc.org
---	--



LEGAL & IMMIGRATION

Catholic Multicultural Center: (608) 441-0114	Immigration legal services cmcmadison.org/immigration-legal
Centro Hispano: (608) 400-9469	Assistance with U.S. citizenship and immigration services. micentro.org/immigration-services.html
Community Immigration Law Center: (608) 640-4444	Free walk-in immigration clinic, free or low cost legal representation. cilcmadison.org
Dane County Immigration Affairs: 818 W. Badger Rd.	Social workers that support immigrant and refugee communities. danecountyhumanservices.org/Children-Youth-and-Family/Immigration-Affairs
Undocumented Resource List:	Resource guide for people who are undocumented undocudanecounty.wixsite.com/mysite
RISE Law Center: (608) 256-1015	Family and immigration law riselawcenter.org
UW Law School Programs: (608) 890-0678	Legal services: consumer, family, housing, public benefits, immigration, restraining orders. law.wisc.edu/eji
Neighborhood House: (608) 255-5337	Every other month, free legal aid clinic. neighborhoodhousemadison.org/legal
Trans Law Help Wisconsin	Legal information for people who are trans and nonbinary. translawhelp.com



FOOD ASSISTANCE

FoodShare Helpline: (877) 366-3635	Assists with understanding eligibility, enrolling in FoodShare.
Capital Consortium: (888) 794-5556	Enroll in FoodShare and other benefit programs.
Second Harvest: (608) 223-9121	Mobile food pantry information. secondharvestsw.org
WIC: (608) 267-1111	Women, Infant, & Children nutrition program. publichealthmdc.com/wic



HOUSING & UTILITIES

Community Action Coalition: (608) 237-1255	Housing, food, and community support programs. cacscw.org
Tenant Resource Center: (608) 257-0006 2510 Winnebago St.	Housing counseling, mediation, and community resources. Walk-in services at two locations. tenantresourcecenter.org
Coordinated Entry Eviction Prevention: (608) 257-0006 ext. 7	Initial intake to connect to services if you are being evicted: financial, mediation, legal, and housing case management.
Urban Triage: (608) 299-4128 2313 S Park St.	Housing services: Resource List, documentation, outreach, rapid rehousing, and transitional housing. urbantriage.org/housing-services
Housing Navigation Services: (608) 299-4128 ext. 1 615 E Washington Ave.	Case management for unhoused individuals: Resources to achieve housing. urbantriage.org/housing-navigation-services
Coordinated Entry Homeless Services: (608) 826-8019 615 E Washington Ave.	Housing program enrollment and assistance for people experiencing housing crisis. danecountyhomeless.org/coordinated-entry
Project Home: (608) 246-3737	Home repairs, accessibility modifications, and energy/weatherization improvements. projecthomewi.org
Energy Services Inc: (800) 506-5596 (608) 267-8601	Energy-related assistance including heating and electric. esiwi.com
Assurance Wireless (888) 321-5880	Free cell phone with minutes and texting for low-income individuals. assurancewireless.com
Lifeline (608) 267-3595	Discounted phone and internet services for low-income families. psc.wi.gov/Pages/Programs/LifeLineLinkup.aspx