

# WHEN TO WASH HANDS

Wash hands *before* and *after* changing tasks to prevent the spread of disease.

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**BEFORE**



Working with food



Putting on new gloves



Touching clean dishes



Touching phone



Using the restroom



Touching garbage

**AFTER**



Smoking or taking a break



Sneezing or coughing



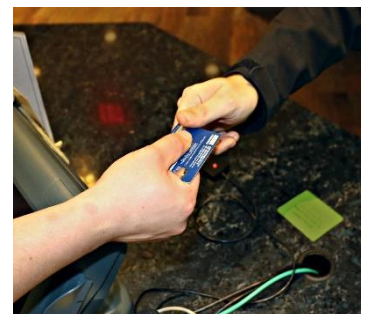
Eating or drinking



Touching dirty dishes  
or equipment



Touching raw meat  
or eggs



Touching money  
or cash register