

MORE RESOURCES



WIC Program

Healthy foods for women,
infants, and children.

(608) 267-1111

publichealthmdc.com/wic



Nurse Navigators

Call or text (608) 690-0893 for all-
options pregnancy counseling and
resources for anyone wanting support
with pregnancy or sexual health.



Lactation Support Line

Call (608) 243-0449 and talk to one of
our counselors for free guidance
about feeding your child.

Prenatal Care Coordination



publichealthmdc.com/pregnancy
health@publichealthmdc.com

FEBRUARY 2024



PREGNANCY SUPPORT

Nurse-Family Partnership (NFP) and
Prenatal Care Coordination (PNCC)



Free, personalized support for you and your baby.

Public Health offers two prenatal programs: Prenatal Care Coordination (PNCC) and Nurse-Family Partnership (NFP).

In both, a public health nurse is available to meet with you during your pregnancy and after your baby is born.

Your nurse can provide:

- Support setting and reaching your goals
- Support for getting health care
- Information about pregnancy, breastfeeding, and parenting
- Connections to other services

Which is a good fit for me?

If you're pregnant and parenting for the first time, you can enroll in NFP. You need to enroll before the end of 28 weeks of pregnancy. Your nurse can work with you until your baby is two years old.

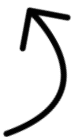
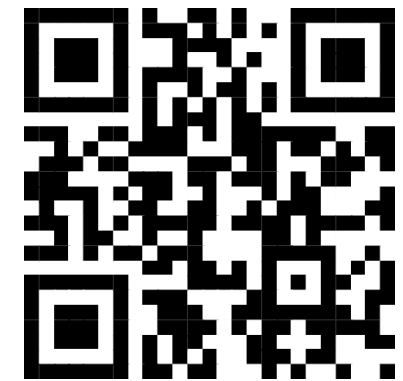
If you're pregnant, even if you have other children, you can enroll in PNCC. Your nurse can work with you until your baby is two months old.

Getting Started

If you are pregnant and live in Dane County:

- To get more information or apply, fill out the short interest form in the QR code below, or visit publichealthmdc.com/pregnancy
- Call (608) 266-4821 if you prefer to talk to someone.

There is no cost and you do not need to be a legal resident.



Scan to fill out the interest form