

Resources for Parents

Organization	Services
Head Start/ Early Head Start: (608) 275-6740	Parenting support and preschool education for families. www.reachdane.org
Pregnancy Helpline & Sharing Center: (608) 222-0008	24 hour helpline that has a variety of services. Sharing Center has a variety of items including free new cribs with delivery. www.pregnancyhelpline.net/
Car Seat Program: (608) 890-8999 Email: safekids@uwhealth.org Or text: 608-333-6087	Low price car seats and free car seat checks by appointment. www.uwhealthkids.org/safekids
4C's: (608) 271-9181	Community Coordinated Child Care helps find safe and accredited child care. www.4-c.org
Respite Center: (608) 244-5700	Provides 24 hour emergency child care in a crisis, and planned care when looking for work, housing, or if in need of a break. www.risewisconsin.org
Parental Stress Line: 1(800) 632-8188	Confidential listening support to parents 24 hours/day over the phone.
Crisis Text Line:	Text HOME to 741741
CAC Clothing Center: (608) 246-4730 ext. 216	Offers clothing for job interviews, school, work, and home. http://www.cacscw.org/clothing-center.php
Project Babies: (608) 770-9588	Provides portable bassinets, baby clothing, diapers, wipes and other items as needed Outreach@projectbabies.org

Birth to 3 Program: Madison School District: (608) 204-6242 Outside of Madison: (608) 273-3232	Developmental screening and support for children ages 0-3 in the Madison School District. www.dhs.wisconsin.gov/health-care-coverage/health-care-coverage/birth-3-program
Early Childhood: (608) 663-8471	Screening and special education for children ages 3-5 in Madison School District. www.specialed.madison.k12.wi.us/early-childhood-special-education
Play and Learn:	Free program that provides 2 hours of fun learning activities for children 0-5 and their parents. <ul style="list-style-type: none"> • Madison School district: (608) 663-5211 • 4C: (608) 271-9181 • Centro Hispano: (608) 204-7918 • earlyed.madison.k12.wi.us • www.4-c.org • www.micentro.org
Rise: (608) 241-5150 (608) 250-6634	Provides parenting support, home visiting, and information. www.risewisconsin.org
Society of St. Vincent de Paul: (608) 442-7200 2033 Fish Hatchery Rd., Madison	Food pantry, prescription assistance, and portable cribs made available to low income families. www.svdpmadison.org/how-we-help/
Baby Depot: (608) 441-7680	Offers baby items if available.
Blackhawk Church: (608) 828-4232	Delivers box of baby items. Leave a message, will not receive a call back, call again when mother goes into labor.

Health Insurance

Organization	Services
BadgerCare Plus: 1-888-794-5556 1819 Aberg Ave., Madison	Medicaid for adults and children who are from a lower income family. access.wisconsin.gov
Marketplace Plans: 1-800-318-2596	Health insurance plans for those who are not eligible for BadgerCare Plus, Medicaid or Medicare. www.healthcare.gov
Health Care Coverage for Undocumented Immigrants: 1-888-794-5556	Medicaid coverage for pregnancy or emergency services for immigrants. No one is ever reported to INS. www.dhs.wisconsin.gov/forwardhealth/imagency/capital.htm
Covering Wisconsin: (608) 261-1455	Provide health coverage options and materials to help find the best insurance for each individual. www.coveringwi.org

Legal Services

Wisconsin Law School Immigrant Justice Clinic: (608) 890-0678	Legal services including rental housing, employment, and public benefits law. Law.wisc.edu
Rise Law Center: (608) 256-1015	Family and immigration law www.riselawcenter.org
Centro Hispano: (608) 442-4012	Immigration Services Program, with cost. www.micentro.org
Community Immigration Law Center: (608) 257-4845	Immigration legal services-reduced fee & free. www.cilcmadison.org

Community Resources

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Need help finding other resources?

United Way of Dane County has a 24 hour helpline

Call 211 Anytime

 **Public Health**
MADISON & DANE COUNTY

Healthy people. Healthy places.

Health Care

Organization Services

Public Health Madison & Dane County: (608) 266-4821
Breastfeeding: 234-0449
STI/HIV: 243-0411
Well Woman: 242-6392
WIC: 267-1111

East: 2705 E. Washington Ave., Madison
 South: 2230 S. Park St., Madison

- Immunizations
- nursing services for pregnant women
- breastfeeding support
- infectious disease control
- STI clinic / HIV testing
- Well Woman Program (free mammograms and Pap tests for women who have limited income and little or no health insurance)
- WIC Program (Women, Infant, & Children nutrition program)

www.publichealthmdc.com

Access Community Health Center: (608) 443-5480
 East: 3434 E. Washington Ave., Madison
 South: 2202 S. Park St., Madison
Wingra Family Medical Center: (608) 263-3111
 1101 S. Park St., Madison

Medical clinic. Accepts insurance and BadgerCare Plus/Medicaid, and provides lower cost care for those without insurance.
www.accesscommunityhealthcenters.org

Planned Parenthood
 East: 3706 Orin Rd., Madison
 (608) 241-3767
 South: 2222 S. Park St. upstairs, Madison

Low cost reproductive health care. Accepts BadgerCare Plus/Medicaid.
www.plannedparenthood.org/health-center/wisconsin

Concentra:
 East: 1619 N. Stoughton Rd (608) 244-1213
 West: 358 Junction Rd. (608) 829-1888

Urgent care, sports physicals, occupational and immigration health screening, and other care (shots and titers). Does not accept BadgerCare Plus; payment is required at time of service.
www.concentra.com

South Side MEDiC Clinic: (608) 265-4972
 2202 S. Park St., Madison

Free walk in services offered by UW School of Medicine and Public Health for those who don't have insurance or a primary care doctor. No emergency or sexual health concern visits.
www.med.wisc.edu/med/south-side-clinic/29284

Saturday's starting at 8am

Resident Continuity Clinic: (608) 417-6667
 202 S. Park St., Madison—Meriter Hospital

Full service Obstetric and Gynecology clinic that serves patients regardless of ability to pay.
www.uwhealth.org/obgyn/resident-continuity-clinic/27070

Shalom Holistic Health Services: (608) 205-0505
 1116 Ridge St., Stoughton
 Thursdays 5-9pm

Health care for residents of the Stoughton School District, ages 18 and up, who are low income and without health insurance. Not for urgent care.
shalomclinic.org

Our Lady of Hope Clinic: (608) 819-8544
 6425 Odana Rd., Madison

Provides care to those not eligible for BadgerCare Plus/Medicaid. No contraceptives or STI testing.
www.ourladyofhopeclinic.org/

Dental Care

Organization Services

Access Community Health Center: (608) 443-5482

Accepts insurance, BadgerCare Plus/Medicaid, and lower cost for uninsured.
www.accesscommunityhealthcenters.org

Affordable Dental Care, Inc. (608) 622-4002

50% discount for all dental services, accepts adults and children.
www.affordablesmiles.org

Familia Dental: (608) 244-8050—East (608) 720-1112—West

Accepts Medicaid and offers lower cost care for uninsured individuals.
www.familiadental.com

Madison College Dental Hygiene Clinic: (608) 258-2400
 1705 Hoffman St., Rm 151, Madison

Accepts Medicaid/BadgerCare, provides preventive dental care by Dental Hygiene Students.
madisoncollege.edu/dental-hygiene-clinic

More Smiles Wisconsin: (608) 665-2752

Emergency dental services and other services to uninsured/BadgerCare recipients
moresmileswi.org

Celebrate Smiles: (608) 852-2781

Full dental care in Madison and Sun Prairie elementary schools.
accesscommunityhealthcenters.org/services/dental/celebrate-smiles/

Bridging Brighter Smiles: (262) 896-9891

Preventative dental care in school districts outside Madison.
bridgingbrighter-smiles.org

Food Assistance

FoodShare Helpline: 1-877-366-3635

Second Harvest volunteers will help you learn if you are eligible for FoodShare.

FoodShare Program: (608) 242-7441

Assistance to purchase food at grocery stores.
access.wisconsin.gov/

Mental Health and Substance Abuse Services

Organization Services

Recovery Dane: (608) 237-1661

Information and referrals to services for adults.
www.recoverydane.org

Journey Mental Health Center: (608) 280-2700

Mental health and substance abuse services, including crisis, outpatient, and case management/support services.
www.journeymhc.org

First Breath: (608) 251-1675

Free program to help all people quit smoking.
www.wwhf.org/first-breath/

Wisconsin Tobacco QuitLine: 1-800-784-8669

Information on how to quit smoking.
www.ctri.wisc.edu/quitline

AODA (Alcohol and Other Drug Abuse): (608) 242-6200

Services for children and adults with no insurance.
danecountyhuman-services.org/aoda

DAIS: (608) 251-4445 or 1-800-747-4045

Domestic Violence Support
Abuseintervention.org/about/contact/

NAMI Dane County: (608) 249-7188
 2059 Atwood Ave., Madison

Education, support and advocacy for individuals and families with mental illness.
Namidaneconomy.org

Housing

CAC Housing Resource Desk: (608) 242-7406

Information and referral to community housing resources & housing search assistance

Tenant Resource Center: (608) 257-0006

Housing counseling, mediation services and information on community resources