

# Breastfeeding Friendly Business Resources

Breastfeeding through a baby's first year benefits mom and baby for a lifetime.

Workplaces that support breastfeeding employees experience improved employee morale, increased employee retention, lower absenteeism, and reduced health-care costs.

When returning to work after parental leave, nursing employees need support in the workplace to express breast milk and continue to breastfeed.



## Public Health Madison & Dane County breastfeeding resources:

[www.publichealthmdc.com/health-services/breastfeeding](http://www.publichealthmdc.com/health-services/breastfeeding)



## Tips for creating a lactation space in the workplace

[bit.ly/creatinglactationspace](http://bit.ly/creatinglactationspace)

## PHMDC has funds to help businesses become breastfeeding friendly. Submit a request:

[bit.ly/breastfeedingfunds](http://bit.ly/breastfeedingfunds)



## Pumping Friendly Community Sites in Dane County

[bit.ly/lactationspace](http://bit.ly/lactationspace)

## Breastfeeding Friendly Business Toolkit from Wood County Health Department

[bit.ly/woodbftoolkit](http://bit.ly/woodbftoolkit)

## Business Case for Breastfeeding: National resources to support breastfeeding employees in the workplace

[bit.ly/bfbusinesscase](http://bit.ly/bfbusinesscase)



## Legal Protections for Pregnant & Lactating Parents in Wisconsin

[bit.ly/WILactationLaws](http://bit.ly/WILactationLaws)