

Prevent Teen Drinking

Teens have many reasons for drinking. Everyone needs to send the message to teens that underage drinking is not okay.

Parents can prevent teen drinking by:

- Know about teens plans and activities.
- Be involved in teens lives.
- Paying attention is important.
- Don't give teens alcohol. Tell them and their friends that alcohol is off-limits.
- Show them how to have fun without drinking.
- Work with others to make alcohol-free places for teens.
- Tell teens about the harm of alcohol and teen drinking. The message should be the same no matter where it comes from.

Parent Resources

- How to Tell if Your Child is Drinking Alcohol
<http://www.samhsa.gov/underagedrinking/tabresources/tab1/Tell-If-Child-Is-Drinking.pdf>
- Make A Difference: Talk to Your Child About Alcohol
http://pubs.niaaa.nih.gov/publications/MakeADiff_HTML/MakeAdiff.pdf
- Monitoring Your Teen's Activities: What Parents and Families Should Know
http://www.cdc.gov/healthyyouth/adolescenthealth/pdf/parental_monitoring_factsheet.pdf
- Real Kids are Curious About Alcohol: A Family Guide to Underage Drinking
http://www.stopalcoholabuse.gov/media/pdf/Underage_Brochure_2010_ENG_v4_508.pdf
- To Prevent and Reduce Underage Drinking: A Guide to Action for Families
<http://www.surgeongeneral.gov/library/calls/underagedrinking/familyguide.pdf>
- Why Your Child Might Start Drinking
<http://www.samhsa.gov/underagedrinking/tabresources/tab1/Why-Child-Might-Start->

Public Health
Madison and Dane County

210 Martin Luther King Jr Blvd
Room 507
Madison, WI 53703

Phone: (608)266-4821
Fax: (608)266-4858
Email: health@publichealthmdc.com

Underage Drinking : Parent Influence



Underage Drinking is a problem affecting the health and safety of our community; the solutions are everyone's responsibility

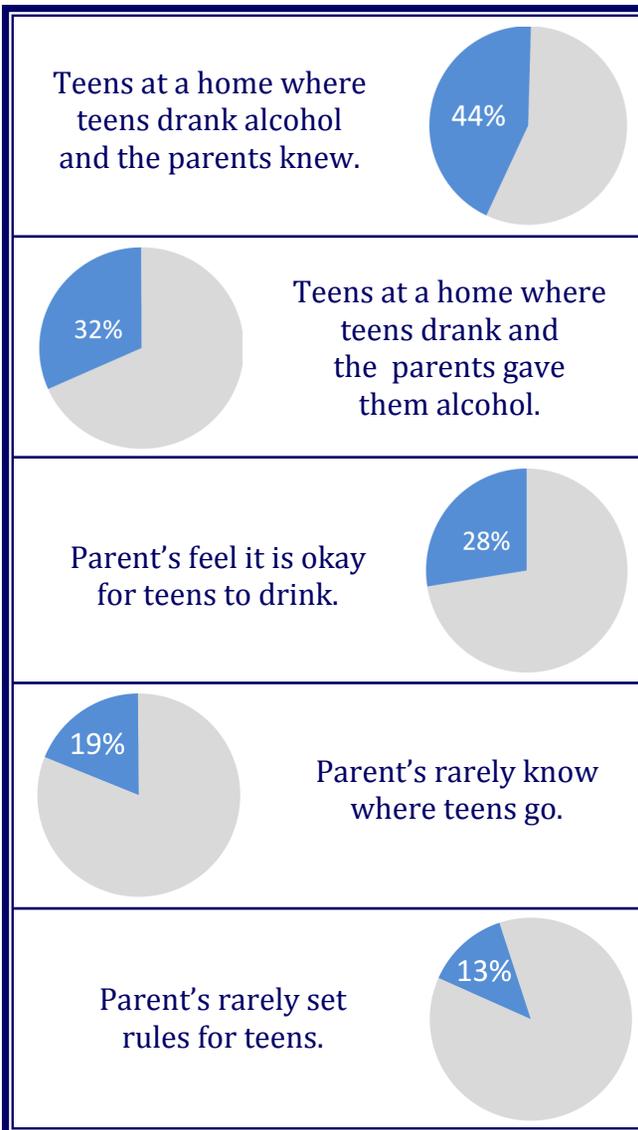
2012 Dane County Youth Assessment Results

- 43% of teens drank alcohol in the past year.
- Teens that drink got most of their alcohol from friends and at parties.
- Teens are three time more likely to drink in a home where teens drink alcohol and the parents know they are drinking. If this stopped Dane County teens would drink 47% less.
- Teens are two and a half times more likely to drink in a home where teens drink alcohol and the parents give them alcohol. If this stopped Dane County teens would drink 31% less.
- Teens are twice as likely to drink when parents don't clearly tell them that drinking is wrong. If this stopped Dane County teens would drink 22% less.

You can read the full report here:
<http://www.publichealthmdc.com/documents/UnderageDrinkingInfo2013-04.pdf>

Risk Factors

The factors below have the most significant relationship with teen drinking in Dane County.
(Graphs show %'s of teens reporting the risk factor)



Costs of Underage Drinking

- Teens who drink are likely to have school and legal problems.
- Teens that drink are more likely to be:
 - Hurt
 - In a car crash
 - Suicidal
 - Involved in violence
- Underage drinking cost Wisconsin one billion dollars in 2010.
- Each person in Dane county pays \$1,342 every year for excessive drinking.

