

Mumps Cases in Madison

Recently, there have been five cases of mumps diagnosed in Madison. These cases serve as a reminder that sporadic mumps outbreaks can occur and that clinicians should keep mumps in mind when evaluating patients.

The recent cases have ranged in age from 25-35 years. Onset dates ranged from August 4 through September 8. All five cases had parotitis and all had received two MMR vaccines. One case was a known contact to another case, there are no known links between the other cases. The earliest case was a UW student, the four most recent cases are not students. Three were female and two were male.

Mumps Symptoms

The most well-known symptom is swelling and tenderness of the parotid glands under the ears on one or both sides. Symptoms also include fever, head and muscle aches, tiredness, and loss of appetite.

Reducing Transmission

Vaccination is the best way to prevent mumps, but even vaccinated people are still at risk of contracting mumps. When a person is suspected of having mumps, they should avoid contact with others from the time of testing until at least five days after the onset of parotitis or until mumps is ruled out by staying home from work or school and staying in a separate room if possible.

More Information

- Clinical features of mumps
<https://www.cdc.gov/mumps/hcp.html>
- Wisconsin mumps guidelines
<https://www.dhs.wisconsin.gov/immunization/mumps.htm>